



Greystoke and District Sports Association

Junior 'Tarzan Tri'

Sunday May 13th 2018 10.00 a.m.



Entry Form

Please note entries are restricted to 100! Make an early bird entry by 5th May to avoid disappointment on the day!

Full Name: _____

Male Female

Address: _____

*Contact Details: Tel (mob & landline)

*Email: _____

*please include an adult's phone number and email address and yours if you have one.

Age on 13th May 2018: _____ *NB participants aged up to and including 16 yrs must obtain written parental consent (below):*

Any participants with medical conditions such as Asthma, Epilepsy, Insulin Dependency or severe drug allergies MUST declare them below and write these on the inside of their race number.

Relevant Medical Conditions:

PTO

PAYMENT:

Please tick One of the following:

I am an **pre-registering** and paying **£5** online

This is our preferred method of payment. Online bank details are:

Acc No: 09966088 Sort Code: 09-01-54

Please put TRI followed by surname as reference.

Email entry form to: **greystokepool@gmail.com**

If you cannot pay online, please send a cheque to the address below along with the entry form.

**** IMPORTANT – CHEQUES MADE PAYABLE TO: Greystoke and District Association and must be received by Saturday 5th May.**

I am **registering on the day** and paying **£6** by CASH/CHEQUE (Please delete as appropriate)

TOTAL AMOUNT PAID £_____

Extras – please tick as appropriate:

I will be bringing an adult who could help out as a marshal etc: (name): _____

I declare that _____ has permission to enter this event, their bike is roadworthy and they will abide by the rules set by the event organisers. I also declare that they can swim at least 1 length, bike and run **totally unaided.**

I understand that _____ will participate in the event entirely at his/her own risk. I understand that no responsibility whatsoever shall attach to Greystoke and District Sports Association and associates for any injury, accidents, loss or damage by him/her in or by reason of the event, however such may be caused.

By signing this entry form I declare that I understand the nature of the event and that he/she is sufficiently fit to participate.

I have read and understood the above.

Signed _____ (parent/guardian/other please state relationship to child) _____

Please complete and return this form **asap** to: greystokepool@gmail.com. Or:

Moira Dudson, 6 Park Road, Greystoke, Penrith, CA11 0UF

(Early bird entries must be received before 5th May)

Thank you and see you there.

Happy Training!

Greystoke and District Sports Association

greystokepool@gmail.com